



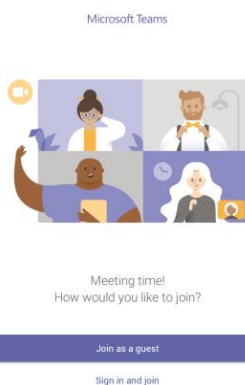
How to connect to your video consultation in 5 simple steps!

1) Decide which device you are going to use – Tablet/Ipad/PC (phone is possible but difficult)

- Please bear in mind, if your tablet or PC doesn't have a camera, we won't be able to see you!
- How you connect is very slightly different depending on device (see below).
- It is worth considering where you will place the device as you may need to move around.

2) Check that you have the correct software for your device:

Tablet / Ipad: **Web-browser** - Safari (Ipad default) does not work, Chrome and Edge work.



It's easiest to download Microsoft Teams – that way it will open when you click on the Email link and you don't need to worry about the web-browser. You do not need to register – you can access 'as guest' when the session commences:

Laptop or PC: You should just be able to access the consultation via a web-browser (Not Safari (Mac default browser) by clicking the link in your Email, however it may be helpful to download [Microsoft Teams](#) just in case.

3) Prepare for your appointment - See our **handy guide** which is sent with your appointment reminder (this is sent from info@bevanwilson.co.uk) and terms and conditions.

4) You will receive an Email (addressed from your physio). **1-2mins before your appointment:**

Click on the Email link
'Join Microsoft Teams Meeting'

[Join Microsoft Teams Meeting](#)
[Learn more about Teams](#) | [Meeting options](#)

5) Your device will ask whether you wish to open the link in Microsoft Teams or via your chosen web-browser. Click on your preferred option.

You will be held in a 'virtual Lobby' until the physio is ready for you.

Please call our office on 01483 424505 if you encounter any difficulties.

